



Upper Extremity Athlete Fellowship

At ATI, we are driven by our mission. To achieve it, we look for phenomenal individuals who are bright, creative, dedicated and energetic.

Our Mission

To exceed customer expectations by providing the highest quality of care in a friendly and encouraging environment. This allows ATI to best serve each of its local communities.

As part of that mission our residency and fellowship programs aim to provide physical therapist with advanced training in order to better meet this mission. This mission, along with our values assist to guide our residency in achieving this goal.

Our Values

Teamwork: We embrace a team approach to improve clinical outcomes and work environment. As part of a sports residency/fellowship experience, the participant learns what is entailed in being a “good teammate”.

Communication: We pride ourselves on the highest level of communication with patients, employees, and additional stake holders to ensure everyone has the same goal in mind. As part of an integrated sports medicine team our residents and fellows learn valuable communication skills necessary to interact with athletes in their care, along with all members of the sports medicine team.

Quality of care: ATI Physical Therapy employees provide individualized and evidence-based treatment programs to meet our patients' goals. Participation in our residency and fellowship programs allow participants to gain the tools necessary to provide best in practice care.

Friendly factor: We believe in going out of our way to make patients feel welcome and comfortable in a warm and friendly clinic environment. In addition, our residency and fellowship programs offer participants a safe and friendly environment to learn and grow as sports medicine providers.

Fellowship Program Overview

ATI Physical Therapy has been a leader in upper extremity fellowship since our start in 2010 with the Seattle Mariners. Over the years of fellowship-training and accreditation, we’ve had 17 fellows successfully complete our fellowship and pursue employment in professional sports. ATI’s fellowship alumni make up over 10% of employed PTs in professional baseball and are represented in both the Major League and Minor League levels.

ATI’s fellowship is a 12-months long with the first 5 months (September-January) spent in Greenville, SC focusing on intense upper extremity mentoring by our faculty, and last 7 months (February-August) spent with our team affiliate. The fellowship focuses on preparing their fellows for working professional sports and create clinicians who are ready to treat all upper extremity injuries ranging from little league



elbow to shoulder arthroplasty and hand and wrist injuries. ATI achieves this through our growing partnerships with American Shoulder and Elbow Surgeons (ASES) at Steadman Hawkins of the Carolinas, Kansas City Royals and Colorado Rockies organizations and more. Our fellows have the opportunity to contribute to research projects ranging from clinical care expertise to pre-season assessments on baseball players in hopes to reduce upper extremity injuries led by Sr. Vice President of Clinical Excellence Charles Thigpen, PhD, PT, ATC; Sr. Director of Care Delivery Optimization Ellen Shanley, PhD, PT, OCS; and Upper Extremity Throwing Program Coordinator Daniel Kline, DPT, SCS, ATC.

The program curriculum is made up of direct patient care in both an outpatient clinical setting and a professional sports athletic training room, mentorship, didactic learning, specialty observation, and the opportunity to instruct in our Sports and Orthopedic residencies.

Admission Requirements

Fellows must be licensed clinicians at the time they start the program in the state where they are practicing. They must have either completed a sports physical therapy residency. We are looking for candidates who are willing to learn, have a strong passion for their area of interest, are flexible, and demonstrate effective communication and teamwork.

To apply please visit the RFPTCAS website here: <https://rfptcas.liaisoncas.com/>

For additional questions or interest in either program please contact:

bradley.eggebraaten@atipt.com for information related to the Upper Extremity Athlete Fellowship